



# Diversiory strategies.

a CHART Scarborough trail.

**Free map available at venues across Scarborough.  
Download further trails and submit your own at:  
[www.chartscarborough.com](http://www.chartscarborough.com)**

It's easy to become over-familiar with a place, especially the place you live, falling into patterns of behaviour and routes of movement that you never think to challenge.

It's equally easy to visit somewhere for the first time and slide into the well worn ruts that channel the majority of visitors down the same streets to see the same sights.

Not with this trail. You make the decisions, we advise you of alternate routes. Explore and enjoy. We hope you get lost.

*Choose your starting point. This is the only point on this trail that is determined in advance.*

*Using your thumb and forefinger, span the distance between the two ends of the '2 minutes walk' arrow at the bottom left of the map. Placing your thumb on your chosen starting point and keeping this distance between thumb and finger fixed, place your forefinger finger at roughly 2 o'clock. This is the next location on the map to aim for. Start walking.*

*When you reach this spot stop and check your place on the map. Look for the nearest landmark on the map that you are familiar with - this might be somewhere you've been before and know well or have just heard about or seen in a photograph.*

*Work out how you can head towards this landmark taking a route with which you are completely unfamiliar or would never usually consider taking.*

*Look on the map for somewhere that begins with the same letter of the alphabet as the place you are now standing. If you can't find one, move on to the next letter of the alphabet until you do. Go there now by the most direct route possible.*

*Stop in this place for 10 minutes. Think about the colours, the smells and the sounds that make it unique.*

*Return to the previous place but taking a route that forms a perfect semi-circle, or the nearest shape to a semi-circle that the paths, alleyways, roads and open spaces you negotiate will allow. You can decide if this semi-circle arches to the right or the left, but try to avoid the obvious.*

*When you arrive back in this spot stop for 5 minutes. Recall the sensory experience of the previous stopping point and imagine the same sounds, smells and colours existing here also instead of the ones you are now surrounded by.*

*Locate the starting point for this journey on the map. Estimate the amount of time it would take to walk back there. Walk for the same amount of time in the completely opposite direction.*

*When you arrive, think about what you hoped to achieve by making this walk, what you expected to see, where you expected to end up.*

*Pause.*

*Now begin a new journey of your choice.  
This is the end of this trail.*