



The MIND Map: views of Scarborough

A CHART Scarborough Trail created with Scarborough MIND, which helps to improve the lives of people in emotional distress (www.scarboroughmind.co.uk)

This is a far ranging trail which aims to inspire the walker with fine views and quirky nuggets of interest. Though to do and enjoy the full trail (with all its alternatives) would take most of a day, it is very easy to choose parts of it to follow and leave other sections to explore at another time. The trail up to the castle is wheelchair accessible (though the path from there to the harbour is not), and the wheelchair accessible paths through the South Cliff Gardens are sign-posted. Check out the information from the websites for the art and cultural hubs on the Crescent for workshops and events for all the family.

Start at:
the far end of the **Esplanade [Grid ref A12]** in the **Shuttleworth Gardens**, a quiet and peaceful enclave where scented plants rustle in the breeze. Opposite we also find the street and buildings used in the on-location filming for 'The Royal' TV series.

*From here we can take many of the routes down through **South Cliff Gardens [Grid ref B13 - F12]**, many of which are suitable for wheelchairs (www.friendsofsouthcliffgardens.com). Perhaps we will stop to admire the...*

Italian Gardens [Grid ref D12]. Here we see wagtails and other birds more associated with the countryside than the sea. A favourite spot in the Summer is the Clock Café with its stunning views. This was once a public 'reading room' and there are photos of it as a café way back in 1913/1914.

Free map available at venues across Scarborough.
Download further trails and submit your own at:
www.chartscarborough.com

We may also want to visit **South Street Gallery [Grid ref D11]** (www.southstreetgallery.co.uk) which sits in what was once a bustling shopping area for the grand houses of South Cliff. On the house opposite are the heads which once adorned the studios of Oliver Saroni (photographer to the aristocracy in the 19th century) which now lies under the car park near by.

The **Spa Bridge [Grid ref G11]** gives a pleasant walk into town and wonderful views of South Bay. From here we can walk through **St Nicholas Cliff [Grid ref H11]** where some of the original boarding houses in Scarborough once stood. Past the top of the **McBean Steps [Grid ref H11]** and we reach the **Town Hall [Grid ref I11]** to look down over the **St Nicholas Gardens [Grid ref I11]**. St Nicholas House, now the **Town Hall [Grid ref I11]**, was the former home of the Woodall family. It was sold to the Corporation for £33,000 in 1898 with its extensive gardens. It is said that the sale was precipitated by the building of the Grand Hotel which took away the Woodall's views.

*From here we can wander along **St Nicholas Street [Grid ref I12]**, down part of **Newborough [Grid ref K11]** to the...*

Market Vaults [Grid ref K12], where we find artists and photographers, and then onto **Queen Street [Grid ref K12 - L11]**. Here we find an annexe to **Crescent Arts [Grid ref L11]** (www.crescentarts.co.uk) and the **Queen Street Methodist Church [Grid ref L12]** which hosts Scarborough MIND's weekly drop-in. The Methodists acquired this site in 1839; appropriately for these abstemious people, it was originally the site of the Blacksmith's Arms pub. At the end of this street we meet Castle Road and can walk up onto the **Castle headland [Grid ref N16]**.

Past the castle on the left, up a narrow path, the North Bay is framed by a magnificent stone arch, as if it were a painting.

We can carry on over into North Bay where in June and July rare orchids grow on the slopes above the beach huts. Or loop back via the...

Castle by the Sea [Grid ref N15]. This was once the home of famous Leeds artist John Atkinson Grimshaw (1836-1893), now a hotel. Continue onto Queens Parade and down to **Peasholm Park [Grid ref P6]** (www.peasholmpark.com). **Peasholm Glen [Grid ref N4 - P5]** is like a little piece of countryside in the middle of the town, the trees send dappled light across the paths and in the early Spring wild garlic scents the air. This is also part of the **Manor of Northstead [Grid ref Q3]**. Constitutionally an MP has no power of voluntary resignation. Death, elevation to the peerage, dissolution or expulsion are the only causes (apart from legal disqualification) by which an MP's seat can be vacated. Therefore an MP wishing to resign must disqualify him or herself. One cause for disqualification is holding a paid office of the Crown. They are the Crown Steward and Bailiff of the Chiltern Hundreds (Stoke, Desborough and Burnham) and the Manor of Northstead. An MP wishing to retire applies to the Chancellor of the Exchequer for one of the Offices that he or she retains.

Alternatively, from the castle we can take the path down to the...

Harbour [Grid ref K16] and walk back along **Sandside [Grid ref K16 - K14]** and the Foreshore Road. By the blue **police box [Grid ref K15]** on the harbour, there is the newly renovated weather observation station which used to stand by **Queen Victoria's statue [Grid ref I11]** outside the Town Hall. And on clear days and nights, until we reach the **Futurist Theatre [Grid ref I12]**, there is a view to Flamborough Head, particularly lovely in the dark when the lighthouse light can be seen.

*Turning right under the **Spa Bridge [Grid ref G11]** and up the **Valley Road [Grid ref E9 - G11]** we can walk up through the...*

Crescent Gardens [Grid ref G10] to end our trail with visits to **Wood End Creative Workspace [Grid ref G10]** (www.woodendcreative.co.uk), **Scarborough Art Gallery [Grid ref G10]** (www.scarboroughartgallery.co.uk) and **Crescent Arts [Grid ref G10]** (www.crescentarts.co.uk). They all host creative workshops and events, as well as exhibitions, throughout the year.

*From here we can cross over to **Valley Gardens [Grid ref F10]** and follow one of the paths leading to **Ramshill Road [Grid ref F10]** and **Birdcage Walk [Grid ref F11]** which leads us back to the stunning views of the Esplanade.*